**Homer Middle School**

**Physical Education Syllabus**

**A. GENERAL**

1. Be on time for class and be dressed out ready for action 5 minutes after tardy bell.
2. Fire or fire drill: Directions will vary/Listen to the direction of your PE teacher.
3. Lockdown: Class will move into Men’s or Women’s Locker Room depending upon instructor.
4. Wait to be dismissed from class by the instructor. Student need permission to leave class.
5. No electronic devices
6. Equipment must be used properly/respected and put away, wiped down properly when finish

**B. Locker Room, Lockers, Locks, and Restroom Use**

1. You are to use registered locks and lockers in the locker room only. (DO NOT SHARE LOCKERS)
2. Combination locks will be issued. Lost locks will cost $5.
3. Keep your locker locked at all times.
4. Keep locker and locker room clean.
5. PE Locker rooms may be locked during class.
6. Restroom use during class: Only in an emergency. Use before and after class during dress out
7. Homer Middle School is not responsible for lost or stolen items.
   1. Report theft to your instructor.

**C. PE Clothing**

1. You will be issued a pair of blue shorts and a gray shirt.

a. Lost shirts and shorts are $5 each to replace

2. Gym shoes (tennis, sneaker type, closed toe) NO SANDALS, slippers, Crocs, 5-finger shoes, or bare

feet! Avoid shoes leaving black marks on gym floor.

3. Keep shoes on unless it is a part of the instruction.

4. Students can wear their own sweatshirt or sweatpants is class is outside.

5. Non-participation due to inappropriate dress or no dress (NPE) = 0% credit and cannot be made up

**Consequences:**

1st NPE – Reminder and loss of performance points

2nd & 3rd NPE – student loses points, makes phone call home, and sits in assigned area during class

4th NPE – student loses points, phone call home, may receive 1 letter grade drop at end of quarter

5th NPE – Possible office intervention

**E. EXCUSED NON-PARTICIPATION**

1. Students are encouraged to make up all excused non-participations; Regular class make-ups must all be completed on your Canvas PE page.
2. Excused non-participations (EXNP) include:
   1. Excused absence from school
   2. Illness or injury with note - student must bring a note stating:

* Date, Student name, General reason for non-participation, Signature from parent, guardian, doctor, therapist, etc.
  + 1. \*Any non-participation lasting more than 3 days may require a Doctor's note.
    2. \*Notes need to say what you can and can’t do, not “NO GYM”!

1. If you are well enough to be in school, you are expected to dress out and participate in PE. If you are too sick to participate in PE, you should be home getting better.
2. Any non-participation due to illness/injury not followed up with a note from a parent/guardian will be considered an unexcused non-participation (NPE) and may not be made up.
3. Students have **1 week** to make up missed excused NP classes on Canvas or student forfeits points.

***Note: Extensions will be made in extenuating circumstances. It is your responsibility to communicate***

***with the instructor. We want you to succeed.***

6. Students with pre-arranged absences are encouraged to make up classes on Canvas in advance.

7. Excused absences due to school activities need not be made up if you (not your friend) inform your

instructor in advance. Any missed quizzes, assessments, and/or tests must be made up to receive

proper credit.

**Athletes: If you do not participate in PE class, you may not participate in practice/game after school.**

**F. UNEXCUSED NON-PARTICIPATIONS (UNAB / NPE)**

1. Unexcused non-participations include:

A. Unexcused absences (AB)

B. Lack of participation due to choice or clothing/shoes (NPE)

C. Non-participations not followed up with a note (UNNP)

2. Unexcused non-participations may not be made up and will result in daily performance point loss.

3. Non-participating students must remain in designated area throughout class. You will not be permitted to leave the area or go to the bathroom, library.

**G. MAKE-UP Work**

-All make-up work is to be completed on Canvas.

**H. GRADING – Total points**

|  |  |
| --- | --- |
| **Letter Grade** | **Percent** |
| **A** | **90-100** |
| **B** | **80-89** |
| **C** | **70-79** |
| **D** | **60-69** |
| **F** | **>60** |

* Includes preparation, work ethic, safety, leadership, cooperation, participation, coachability, language.
* Evaluations, quizzes, homework, tests, essays, worksheets

**Student Expectations**

**1**. Dresses for success daily, **2.** Works to gives their best every day **3.** Works intently for the attainment and

maintenance of personal/group goals **4**. Holds him/herself responsible for following safe practices, rules, procedures, and etiquette in class **5.** Resolves conflicts in appropriate ways **6.** Helps others **7.** Keeps the importance of winning and losing in perspective **8**. Treats others with respect and uses appropriate language **9.** Follows the directives of the teacher and class leaders **10**. Pays attention and follows directions **11**. Is on time for class and remains in class until dismissed **12**. Uses appropriate behavior in the locker room.

**J. CLASSROOM MANAGEMENT - Disciplinary / Lack of Work Ethic/Safety**

**First Offense\***: Reminder

**Second Offense\*:** Removal from activity (“sits out” or “time out”)

**Third Offense\*:** Removal from activity, phone call home, and loss of points

**Fourth Offense**\*\*: Office Intervention

\*In some situations, a verbal warning may not be given and an interaction, phone call and/or loss of daily points may result. \*\*Serious safety violations or major rule violations will result in Office Interventions

**K. Remote Learners**

1. Remote learners should check Canvas each week to see the assignments they are responsible to do for the week.

2. If a remote learner is sick or on vacation, it is their responsibility to communicate that with the teacher.